Hymen repair — therapeutic indication

At the Clinique de la Muette

01 What is it?

The hymen is a fold of mucosa located at the entrance to the vagina. Its shape and thickness vary greatly from one woman to another.

This sheet, given to you by Dr Gatri, is intended to complement the explanations provided during your consultation. Do not hesitate to ask her if you have any questions.

The operation brings together and stitches the remnants of the membrane, with absorbable sutures. Several techniques exist: direct stitching of the edges of these remnants, possibly combined with a tightening of the entrance to the vagina, or reconstruction using flaps of vaginal mucosa. It is a short operation.

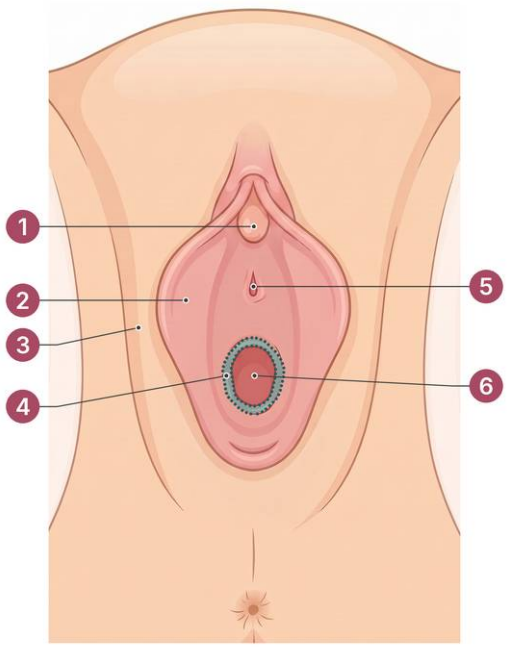


FIGURE 1 — The hymen is a fold of mucosa located at the entrance to the vagina; its shape and thickness vary greatly from one woman to another (diagram, front view).

1. Clitoris
2. Labium minus
3. Labium majus
4. Hymen: fold of mucosa at the entrance to the vagina
5. Urethral opening
6. Entrance to the vagina

In blue-green, outlined with dots: the hymen. Its shape and thickness vary greatly from one woman to another.

Front view: the right of the image is the patient's left side.

Diagram Wagram Clinic, 2026.

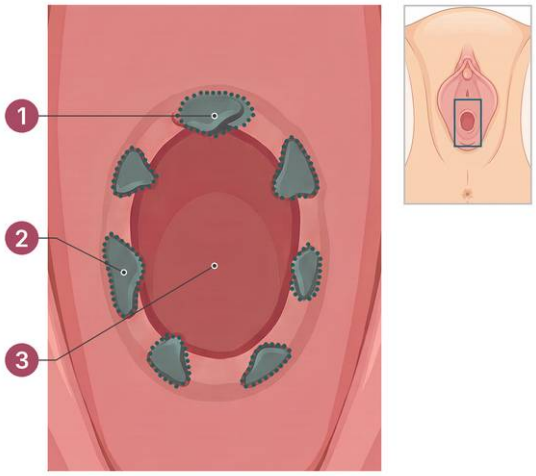


FIGURE 2 — The operation brings together and stitches the remnants of the membrane, with absorbable sutures (diagram, enlarged front view).

1. Direct stitching of the edges; other techniques exist
2. Remnants of the membrane, brought together and stitched with absorbable sutures
3. Entrance to the vagina

In blue-green, outlined with dots: the area concerned by the operation.

Enlarged front view: the right of the image is the patient's left side. In the frame: the enlarged area.

Diagram Wagram Clinic, 2026.

02 Why this procedure?

The operation is proposed to you for a medical reason.

03 How does the procedure take place?

The operation takes place at the Clinique de la Muette, as day surgery: you go home the same day.

The operation is performed under general anaesthetic.

The operation lasts about 1 hour; your surgeon will tell you more precisely according to your case. The length of time you will spend at the clinic is given to you by your doctor.

04 What the procedure does not guarantee

The result cannot be assessed for several weeks; the scars continue to change for several months.

05 Risks and complications

After the operation, moderate pain is to be expected for the first few days; it is relieved by simple painkillers. Swelling, slight bleeding and discharge are also to be expected.

Other complications are rare.

- After the operation, a haematoma, an infection or stitches that come apart may occur.
- Later on, a scar or a band of scar tissue at the entrance to the vagina, altered sensation or pain during intercourse may appear. Excessive narrowing of the entrance to the vagina can make intercourse painful or difficult. An imperfect result may lead to a further operation.

06 Alternatives

Not having the operation is always possible and does not expose you to any risk.

07 Contraindications

A current genital or urinary infection. Smoking that has not been stopped. A blood-clotting disorder or anticoagulant treatment that has not been adjusted. A current pregnancy.

Report all your treatments, in particular anticoagulants.

08 Before the procedure

A pre-anaesthetic consultation always takes place; except in an emergency, at least 48 hours before the operation.

Plan your journey home: do not drive, and have someone accompany you. Driving is not allowed for the twelve hours following the anaesthetic.

The operation is not performed during your period: the appointment is set outside your period; let the practice know if your period starts.

09 After the procedure and your instructions

- Local care consists of a daily shower and careful drying, to avoid any moisture build-up (maceration), with cotton underwear.
- No sexual intercourse after the operation. Until the follow-up consultation, avoid tampons, baths, swimming pools and strenuous sport. The follow-up consultation takes place 3 to 4 weeks after the operation.
- Time off work may be prescribed; its length depends on the discomfort you experience.

10 When to seek medical advice without delay

After you return home, if heavy continuous bleeding, foul-smelling discharge, unusual pain or fever appears, you must inform your doctor.

11 Your questions for Dr Gatri

This information sheet probably cannot answer all your questions. In any case, do not hesitate to ask your doctor any question that comes to mind, either orally or in writing.